



JumpPRO™ Xplore Assembly Instructions



10ft x 7ft & 11ft x 8ft JumpPRO™ Xplore Rectangular Trampoline with Enclosure

WARNING! Read these Assembly Instructions before assembling and using your trampoline. Max user weight limit 120kg.

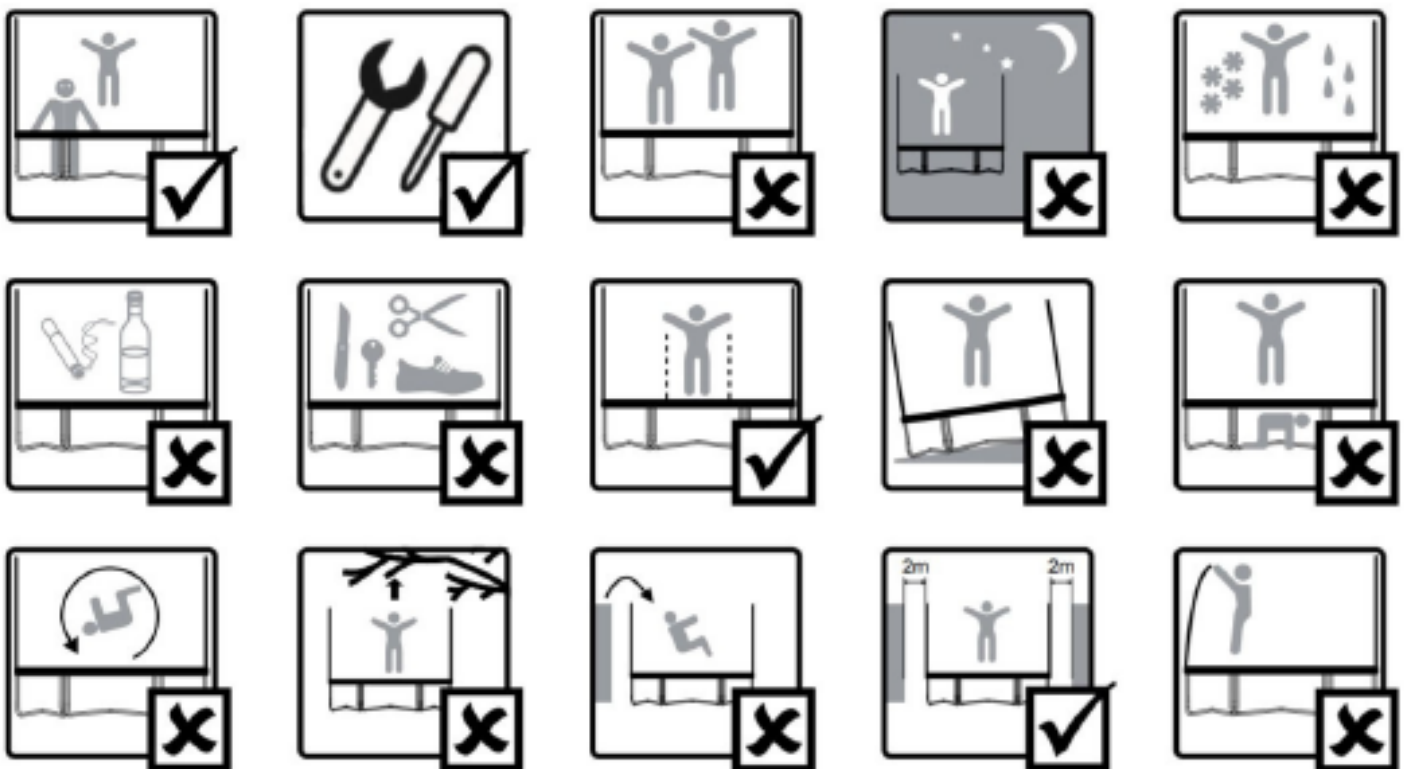


Warning! Not suitable for children under 36 months - small parts, choking hazard!



WARNINGS!

- Max user weight:
10ft x 7ft & 11ft x 8ft: 120kg.
- Recommended age 6+ years.
- Only for domestic use.
- The trampoline is intended for outdoor use only.
- The trampoline shall be assembled by an adult in accordance with the assembly instructions and thereafter checked before the first use.
- Adult supervision and guidance is required at all times during use.
- Only one user at a time. Collision hazard.
- Always close the net opening before jumping.
- Jump without shoes.
- To prevent accidents due to slipping, do not use the trampoline when the mat is wet.
- Empty your pockets and hands before jumping.
- Always jump in the middle of the jump mat.
- Do not eat while jumping.
- Do not exit by a jump.
- Do not perform somersaults! Somersaults increase the risk of landing on your head or neck which may result in serious injuries or even death. Limit the time of continuous usage (make regular stops).
- Do not use in strong wind conditions and secure the trampoline.

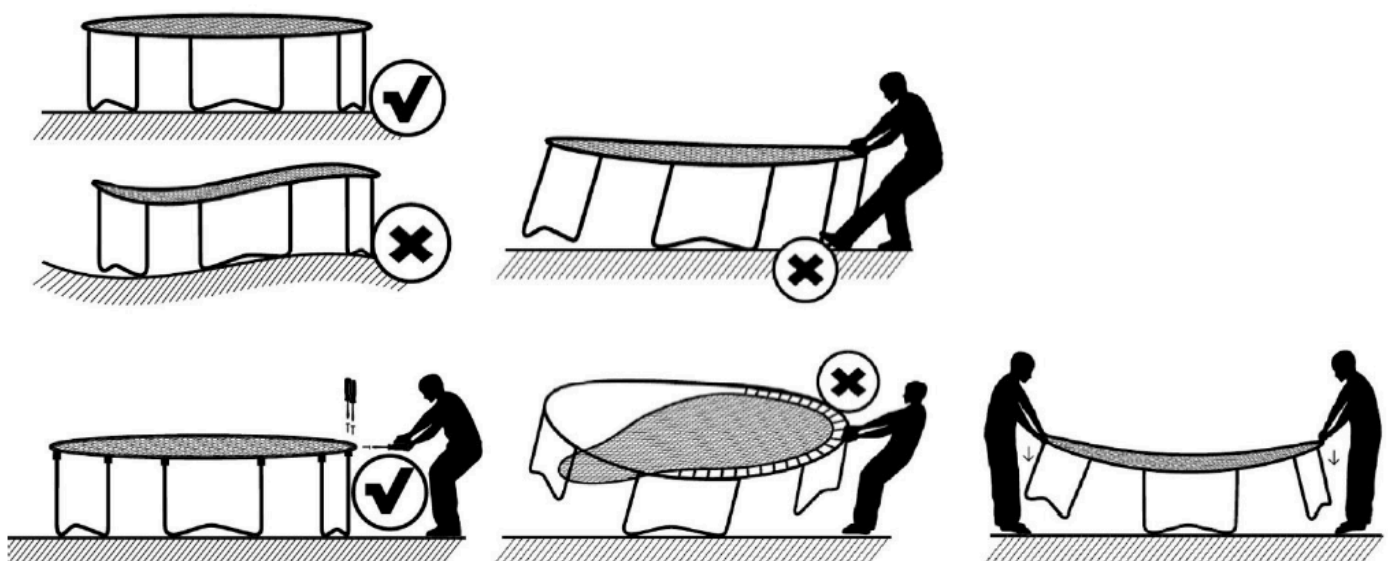


INFORMATION

- The trampoline is not intended to be buried into the ground.
- Product dimension:
10ft x 7ft
11ft x 8ft
- All users should be aware of their own limitations.
- The risk of severe injury must be taken seriously.
- It is important to bend your knees on landing to achieve the best possible control. Jump up and down in the same spot - this provides the best control.
- Aim for the middle marking.
- Gain full control of your jumps before attempting more difficult jumps.
- It is recommended to place the trampoline on a flat and level surface at least 2m away from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines or electrical wires.
- Trampolines shall neither be installed over concrete, asphalt or any other hard surface nor at proximity of other conflicting installations (e.g. paddling pools, swings, slides, climbing frames). Modifications made by the consumer to the original trampoline (e.g. the adding of an accessory) shall be carried out according to the instructions of the manufacturer.

MOVING THE TRAMPOLINE

- If the trampoline and enclosure needs to be moved, it should be moved by a minimum of two people, kept horizontal and lifted slightly.
- If necessary, the trampoline and enclosure can be taken apart for moving. To take the trampoline apart, follow the assembly steps in reverse order.



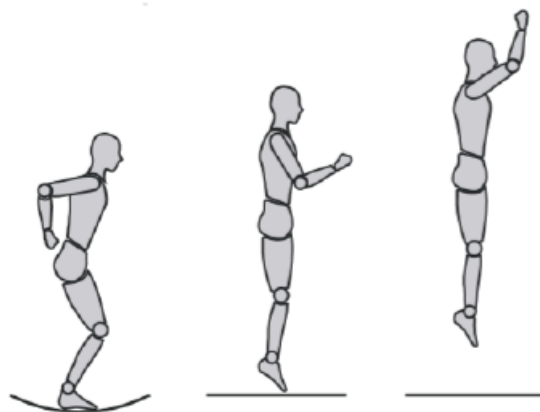
ASSEMBLY AND MAINTENANCE INSTRUCTIONS

- Please pay attention to the need to carry out checks and maintenance of the main parts (frame, suspension system, mat, padding and enclosure) at the beginning of each season and also at regular intervals. If these checks are not carried out, the trampoline could become dangerous.
 - Check all nut and bolts for tightness and tighten when required.
 - Check that all spring-loaded (push pin) joints are still intact and cannot become dislodged during play.
 - Check all coverings and sharp edges and replace when required.
 - Retain the maintenance instruction manual.
 - Outdoor trampolines should be equipped with a device that in strong wind conditions avoid displacement due to wind (eg steel bars in the ground or loads like sand bags or water bags) and/or items catching wind like net and mat should be removed.
 - In certain countries during winter period, the snow load and the very low temperature can damage the trampoline. It is recommended to remove the snow and store the mat and the enclosure indoors.
 - Check that the mat, padding and enclosure are without defects.
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- **NOTE:** Sunlight, rain, snow and extreme temperatures reduce the strength of these parts over time
 - Inspect the trampoline and the netting for defects before use every time. Tighten up fittings and check regularly that all ties have been tied correctly. Replace the net after 1 year of use.
 - Make sure that the hook-and-loop fasteners are closed correctly during the use of the trampoline.
 - Trampoline and net should be packed away in winter. Make sure all parts are dry and packed securely. Store dry. Always be aware of wear and tear due to weather and wind.
 - We recommend securing the trampoline in strong winds. Tie the trampoline down with ropes attached to the trampoline top rail. Tie the trampoline down in a minimum of three places distributed evenly across the trampoline frame.
 - Do not secure the legs as these may become misaligned and damage the trampoline. Dismantle or remove the trampoline completely, if required. It may result in great danger if the trampoline is not secured in strong winds.

JUMPING INSTRUCTIONS

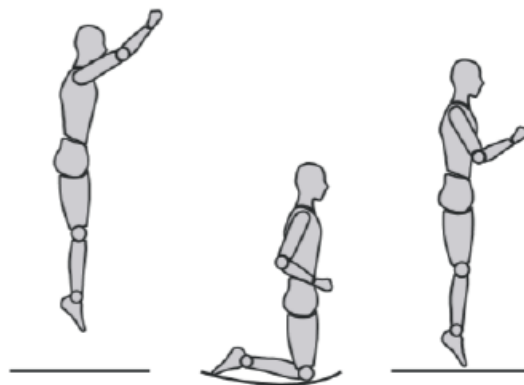
Fundamental Bounce

1. Start from a standing position with your head erect and your eyes on the frame pad
2. Swing your arms forward and up in a circular motion
3. Bring your feet together and point your toes downward while in the air
4. Keep your feet about 30cm (12 inches) apart when landing



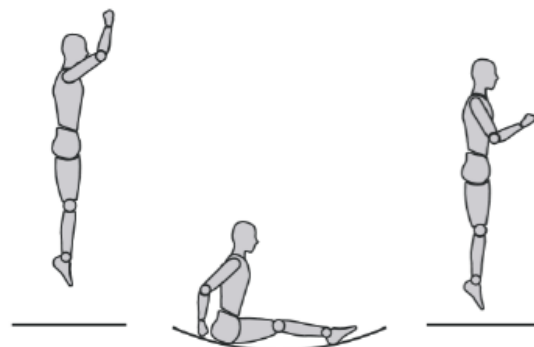
Knee Drop

1. Start bouncing from a standing position with your head erect and your eyes on the frame pad
2. Land on your knees, keeping your back straight and your body erect
3. Bounce back to an erect position



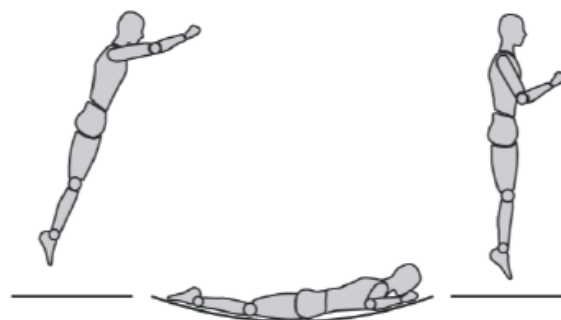
Seat Drop

1. Land in a sitting position with your legs parallel to the bed
2. Place your hands on the bed beside your hips
3. Push with your hands to return to an erect position



Front Drop

1. Start from a low bounce and land on the bed in a prone position.
2. Keep your head up and your arms extended forward on the bed.
3. Push with your arms to return to an erect position.

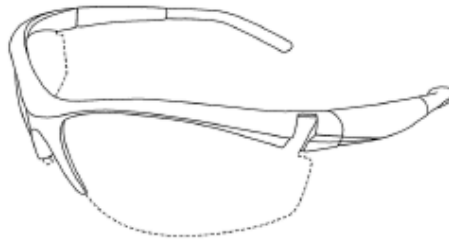


A certified trampoline instructor should be contacted to further develop your trampoline skills.

WHAT YOU WILL NEED FOR ASSEMBLY



Gloves



Safety glasses



Mallet

To help build your trampoline, you will need gloves, safety glasses and a mallet. Please note that these are not supplied with your trampoline.

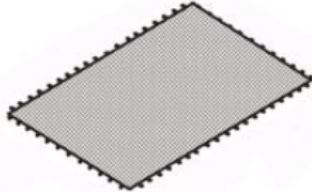
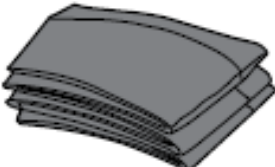


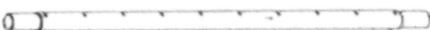

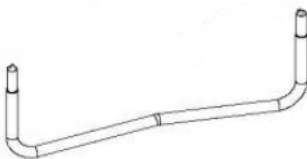
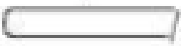


PRIOR TO ASSEMBLING

Please read the assembly instructions before beginning to assemble the product.


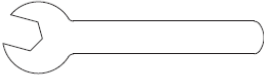
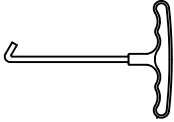


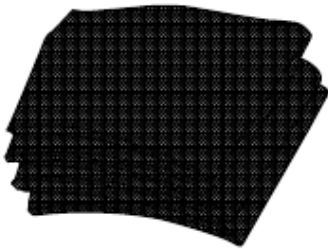



Please refer to the parts list for part descriptions and numbers. The assembly steps use these descriptions and numbers for your convenience.

Ensure you have all parts listed before beginning to assemble the trampoline. If you are missing any parts, please refer to page 15 for instructions on how to obtain parts.

TRAMPOLINE PARTS LIST

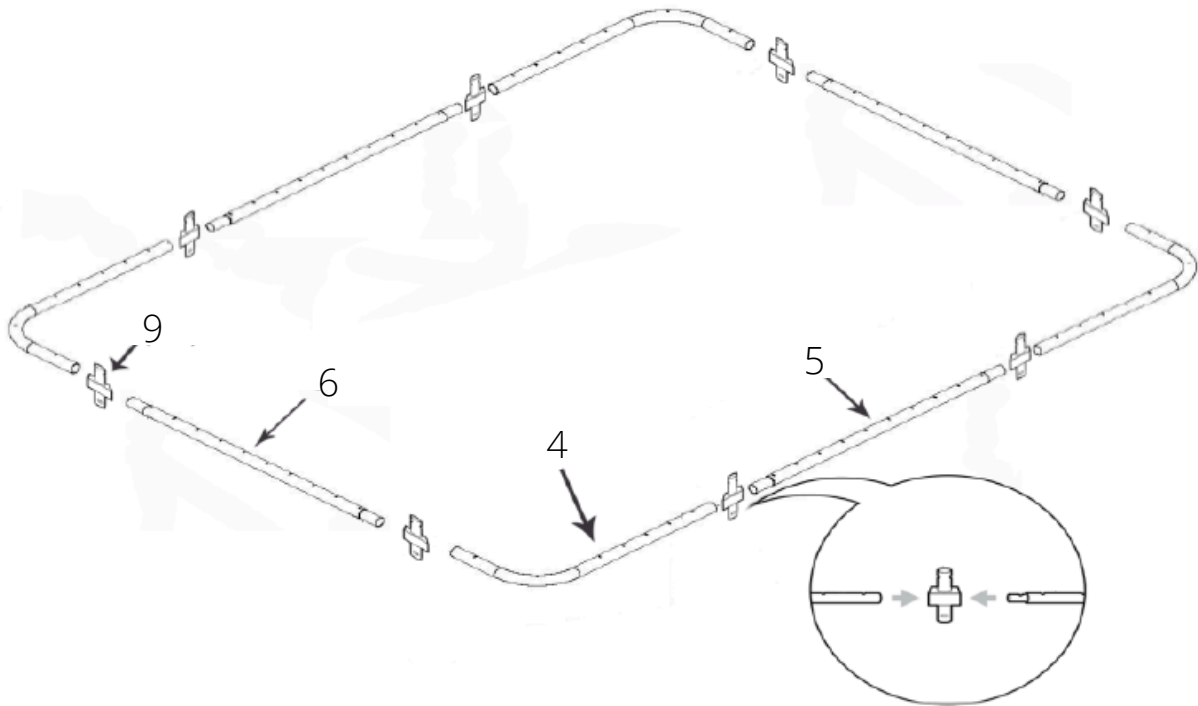
Item	Part	Photo	10ft x 7ft	11ft x 8ft
1	Jumping Mat		1	1
2	Safety Padding		1	1
3	Corner Top Rail (Curve Left)		2	2
4	Corner Top Rail (Curve Right)		2	2
5	Top Rail (Long)		2	2
6	Top Rail (Short)		2	2
7	Leg Base		4	4
8	Leg Extension		8	8
9	T Connector		8	8
10	Spring		56	72

TRAMPOLINE PARTS LIST

Item	Part	Photo	10ft x 7ft	11ft x 8ft
11	Bolt Pack		16	16
12	Spanner		1	1
13	Spring Pulling Tool		1	1
14A	Lower Enclosure Pole		8	8
14B	Upper Enclosure Pole with Cap		8	8
15	Enclosure Net		1	1
16	Fibreglass Rod		10	10
17	Fiberglass Rod Corner Connector		4	4
18	Fiberglass Rod Connector		6	6

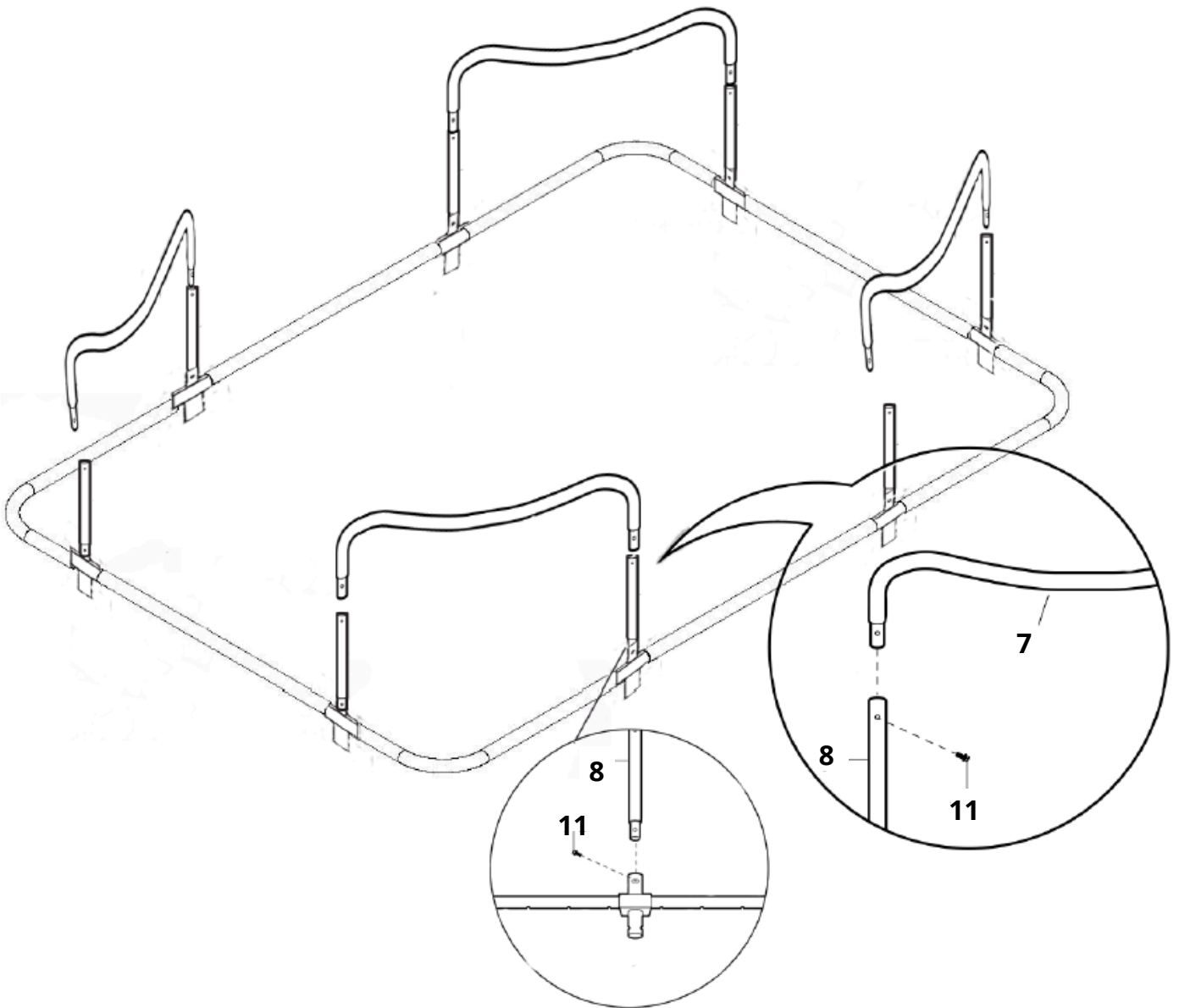
STEP 1

1. Place the frame in a rectangular shape as the picture below shows. With the welded leg piece facing downwards, start putting the frame together.
2. To connect the parts, simply slide the thinner end of the tube into the adjacent section with the larger opening. When the last connection is reached it helps to apply pressure from both sides of the frame while the last connection is made.



STEP 2

1. Turn the frame over and Insert one Leg Extension (8) into each leg socket on the Top Rail (5 & 6). NOTE: the Leg Extension will go both ways but only one will allow the holes for the bolts to go through. Please ensure the holes are clear for the bolts.
2. Insert a Leg Base (7) into the Leg Extension (8). NOTE: The Leg Base will go on both ways but only one will allow the holes for the bolts to go through. Please ensure the holes are clear for the bolts.
3. Bolt the frame together. All of the bolts go from the outside of the trampoline towards the centre. The curved washer sits on the inside followed by the nut.



STEP 3

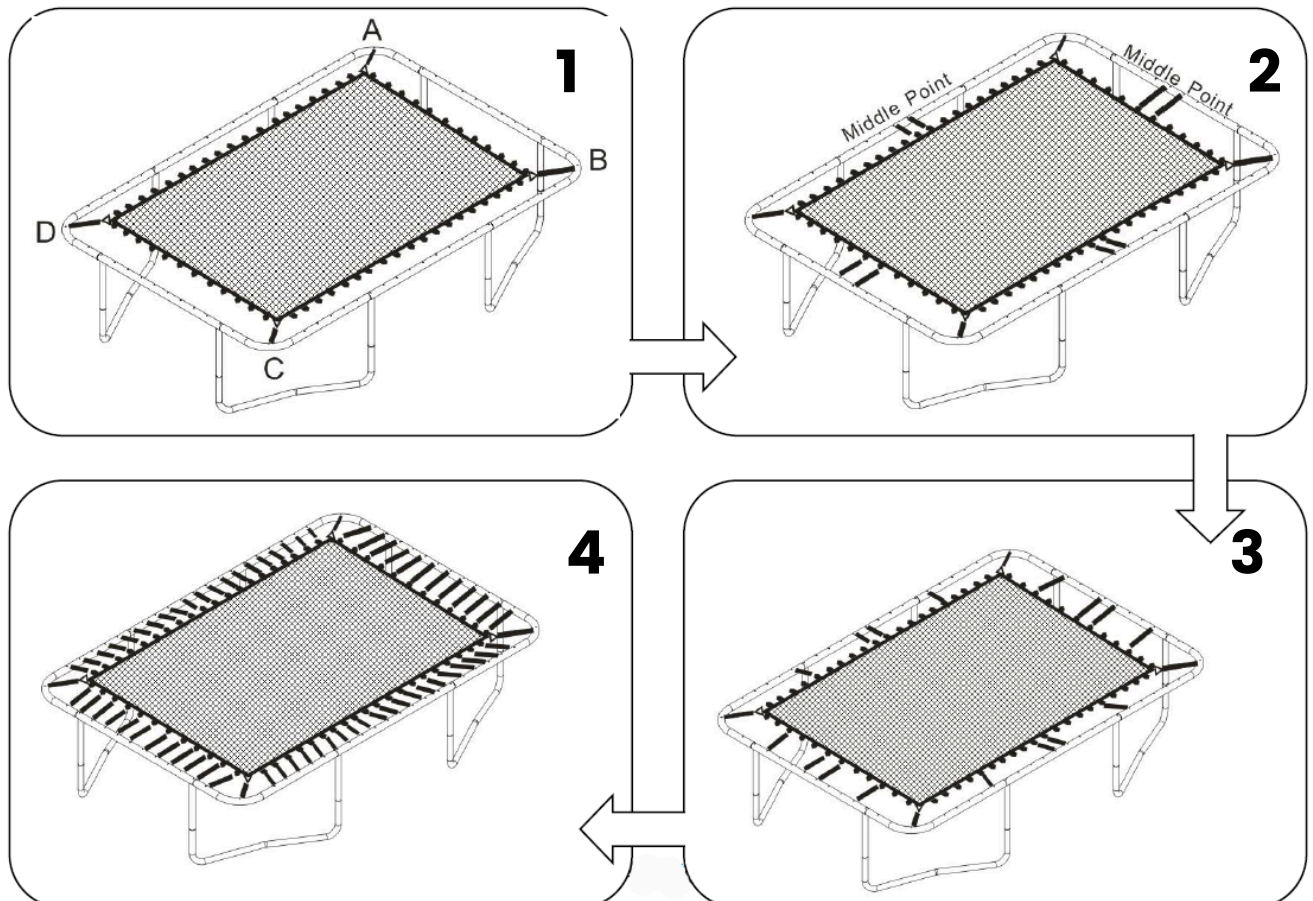
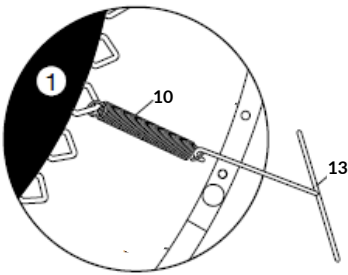
1. Layout the Jumping Mat (1) inside the frame on the ground, the JumpPRO logo and safety labels should be facing upwards.
2. To install the mat tension needs to be evenly applied. The following diagrams 1-4 show the correct order in which to fit the springs to the trampoline

WARNING

When attaching springs, the connection points can become pinch points as the trampoline tightens up. With this in mind please be careful when attaching springs to the trampoline. It is recommended to use the Spring Pulling Tool (13) provided.

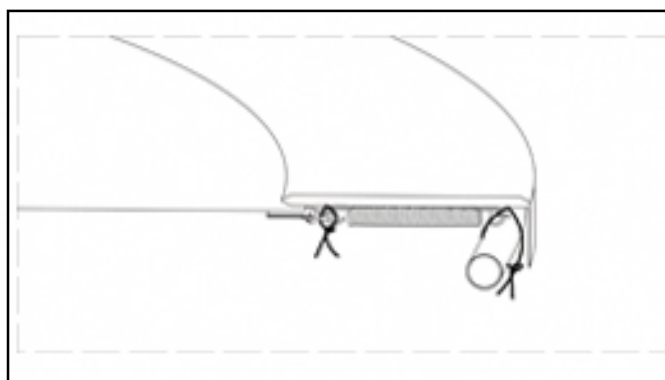
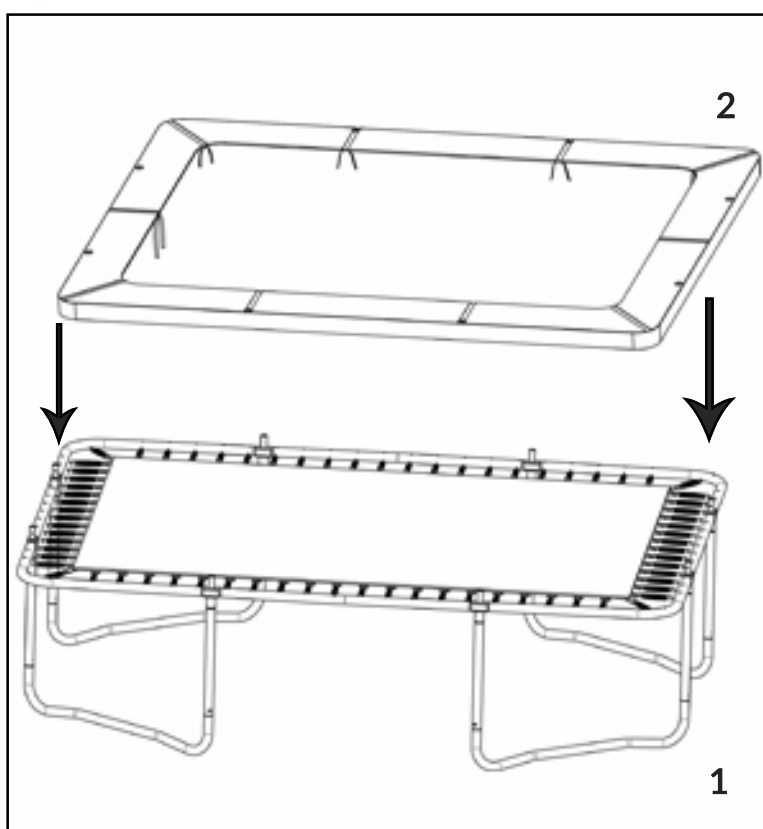
HOW TO USE THE SPRING PULLING TOOL

1. Hang one side of the spring on the triangle hook attached to the Jumping Mat (1) and use the Spring Pulling Tool (13) to hook the other side of the spring
2. Pull the Spring Pulling Tool until the spring hook inserts into the hole on the Top Rail then disengage the Spring Pulling Tool. Repeat process for all springs.



STEP 5

1. Lay the Safety Padding (2) over the trampoline so that the springs are covered. Please ensure that the safety padding covers all metal parts.
2. Tie the elastic straps located underneath the Safety Padding (2) to the outer frame.
3. Tie elastic tapes located underneath the Safety Padding (2) to the nearest D-Ring on the trampoline jumping mat (1).



STEP 6

1. Connect the Bottom Enclosure Pole (14A) and Top Enclosure Pole (14B).
2. Clip each assembled pole into the T Connector (9) on the trampoline frame. Ensure the Top Cap is facing the right way, with the opening pointing outwards and not towards the centre of the trampoline.



Bottom Enclosure Pole (14A)



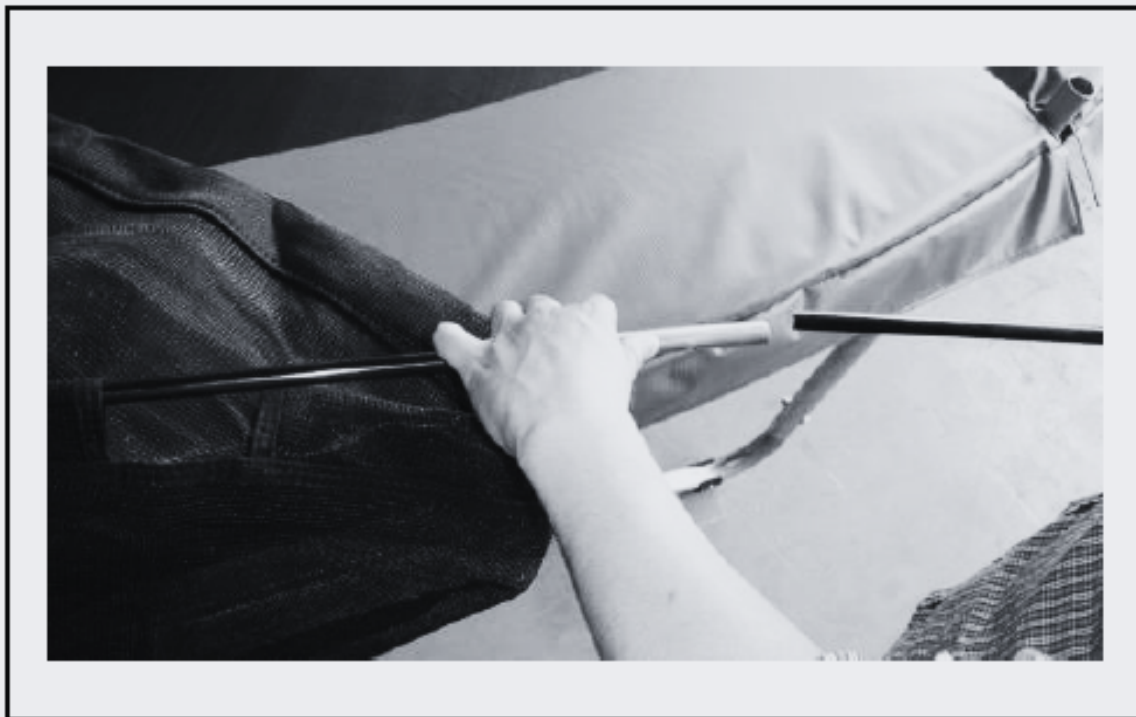
Top Enclosure Pole (14B)



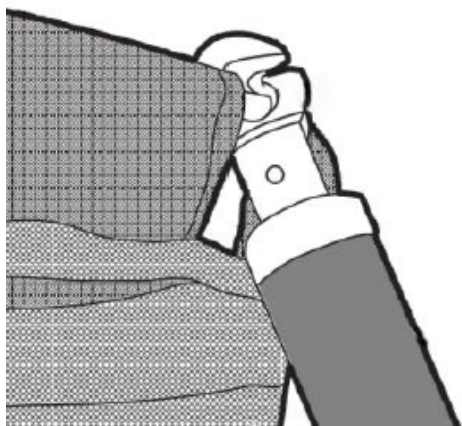
Connecting the Enclosure Poles

STEP 7

1. Lie the Enclosure Net (15) flat and find the four corners.
2. Assemble the fibreglass rods (16) through the loops of the net using the corner connectors (17) and straight connectors (18).
3. The long side of the net uses 3 pieces of rod, the short sides use 2 pieces.



4. Connect the fibre rods to the top caps located at the top of each enclosure pole.



5. To secure the Enclosure Net (15) connect the hooks as shown below. Starting at the net entrance, connect all hooks to ensure even tension on the net.



YOUR TRAMPOLINE IS NOW FULLY ASSEMBLED




Make sure that all parts are securely attached. Familiarise yourself and all users of the trampoline with the safety precautions, use and instructional materials, and care and maintenance instructions in this manual before using.


SPARE PARTS

To order replacement parts, please contact our Customer Service team.

In order to help assist you, please have the following information to hand:
Product description, item ID and item description (refer to the parts list for this information)

 Phone:
01342 837527

 Email:
info@jumpprotrampolines.co.uk

 Working Days/Hours
Monday - Friday, 9am - 5pm