



23ft x 10ft JumpPRO™ Xtra Giant Rectangular Trampoline with Enclosure and Ladder Assembly Instructions



23ft x 10ft JumpPRO™ Xtra Rectangular Trampoline with Enclosure and Ladder

WARNING! Read these assembly instructions before assembling and using your trampoline. Max user weight limit 180kg

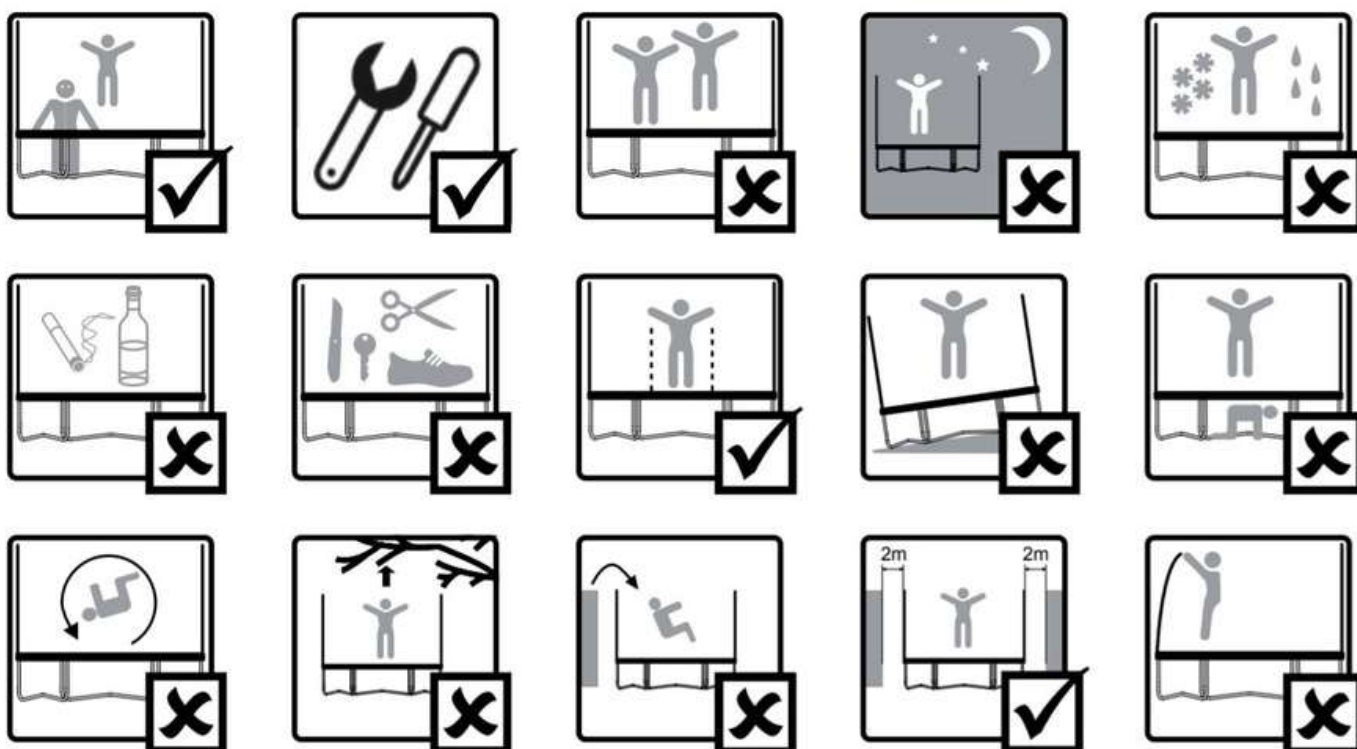


Warning! Not suitable for children under 36 months - small parts, choking hazard!



WARNINGS!

- Max user weight: 180kg
- Recommended age 6+ years.
- Only for domestic use.
- The trampoline is intended for outdoor use only.
- The trampoline shall be assembled by an adult in accordance with the assembly instructions and thereafter checked before the first use.
- Adult supervision and guidance is required at all times during use.
- Only one user at a time. Collision hazard.
- Always close the net opening before jumping.
- Jump without shoes.
- To prevent accidents due to slipping, do not use the trampoline when the mat is wet.
- Empty your pockets and hands before jumping.
- Always jump in the middle of the jump mat.
- Do not eat while jumping.
- Do not exit by a jump.
- Do not perform somersaults! Somersaults increase the risk of landing on your head or neck which may result in serious injuries or even death. Limit the time of continuous usage (make regular stops).
- Do not use in strong wind conditions and secure the trampoline.

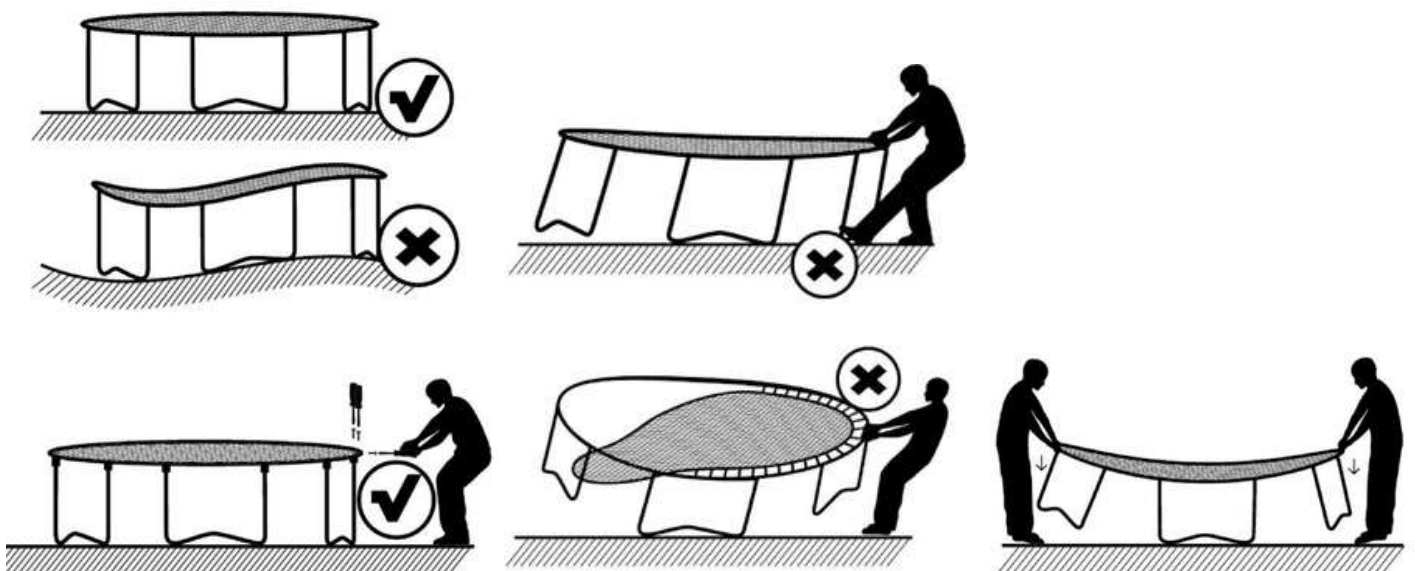


INFORMATION

- The trampoline is not intended to be buried into the ground.
- Product dimensions: 23ft x 10ft: 701x305x280 cm
- All users should be aware of their own limitations.
- The risk of severe injury must be taken seriously.
- It is important to bend your knees on landing to achieve the best possible control. Jump up and in the same spot - this provides the best control.
- Aim for the middle marking.
- Gain full control of your jumps before attempting more difficult jumps.
- It is recommended to place the trampoline on a flat and level surface at least 2m from any structure or obstruction such as a fence, garage, house overhanging branches, laundry lines or electrical wires.
- Trampolines shall neither be installed over concrete, asphalt or any other hard surface nor at proximity of other conflicting installations (eg paddling pools, swings, slides, climbing frames). Modifications made by the consumer to the original trampoline (eg the adding of an accessory) shall be carried out according to the instructions of the manufacturer.

MOVING THE TRAMPOLINE

- If the trampoline and enclosure needs to be moved, it should be moved by a minimum of two people, kept horizontal and lifted slightly.
- If necessary, the trampoline and enclosure can be taken apart for moving. To take the trampoline apart, follow the assembly steps in reverse order.



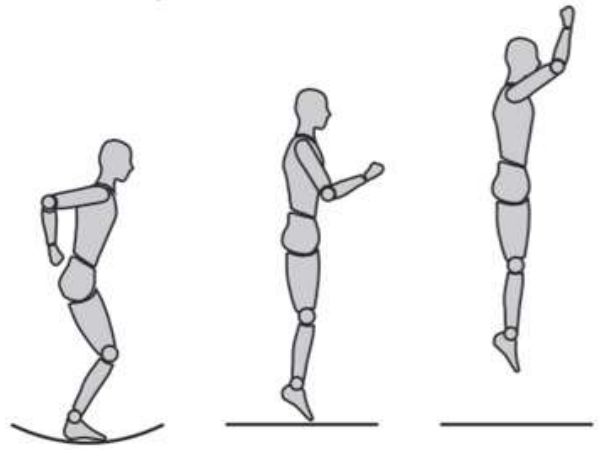
ASSEMBLY AND MAINTENANCE INSTRUCTIONS

- Please pay attention to the need to carry out checks and maintenance of the main parts (frame, springs, mat, padding and enclosure) at the beginning of each season and also at regular intervals. If these checks are not carried out, the trampoline could become dangerous.
 - Check all nuts and bolts for tightness and tighten when required.
 - Check that all spring-loaded (push pin) joints are still intact and cannot become dislodged during play.
 - Check all coverings and sharp edges and replace when required.
 - Retain this maintenance instruction manual for future reference.
 - Outdoor trampolines should be equipped with a device that in strong wind conditions avoids displacement due to wind (eg steel bars in the ground or loads like sand bags or water bags) and/or items that can catch the wind like the net and mat should be removed.
 - In certain countries during the winter period, the snow load and the very low temperature can damage the trampoline. It is recommended to remove the snow and store the mat and the enclosure indoors.
 - Check that the mat, padding and enclosure are without defects.
-
- **NOTE:** Sunlight, rain, snow and extreme temperatures reduce the strength of these parts over time.
 - Inspect the trampoline and the netting for defects before use every time. Tighten up fittings and check regularly that all ties have been tied correctly. Replace the net after 1 years of use.
 - Make sure that the hook-and-loop fasteners are closed correctly during use of trampoline.
 - Trampoline and net should be packed away in winter. Make sure all parts are dry and packed securely. Store dry. Always be aware of wear and tear due to weather and wind.
 - We recommend securing the trampoline in strong winds. Tie the trampoline down with ropes attached to the trampoline top rail. Tie the trampoline down in a minimum of three places distributed evenly across the trampoline frame.
 - Do not secure the legs as these may become misaligned and damage the trampoline. Dismantle or remove the trampoline completely, if required. It may result in great danger if the trampoline is not secured in strong winds.

JUMPING INSTRUCTIONS

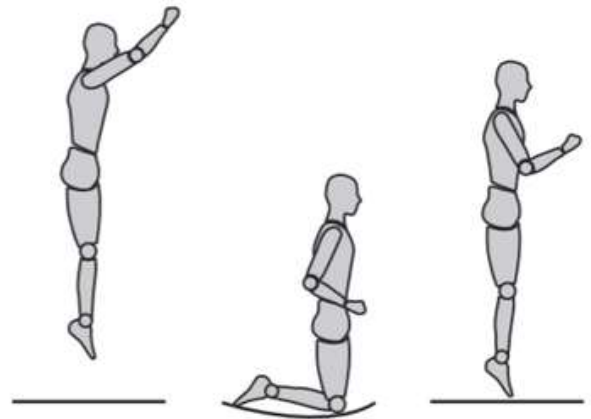
Fundamental Bounce

1. Start from a standing position with your head erect and your eyes on the frame pad.
2. Swing your arms forward and up in a circular motion.
3. Bring your feet together and point your toes downward while in the air.
4. Keep your feet about 30 cm (15 in.) apart when landing on the bed.



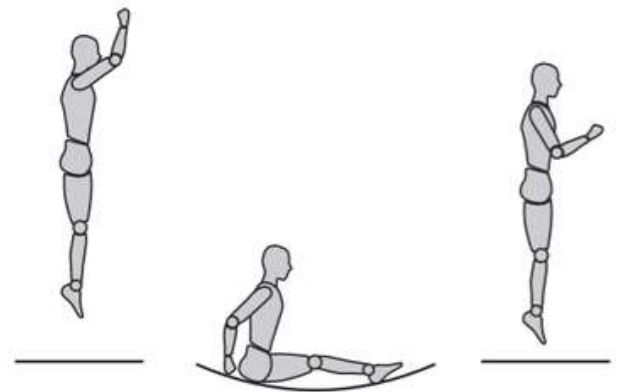
Knee Drop

1. Start bouncing from a standing position, keeping your eyes on the frame pad.
2. Land on your knees, keeping your back straight and your body erect.
3. Bounce back to an erect position.



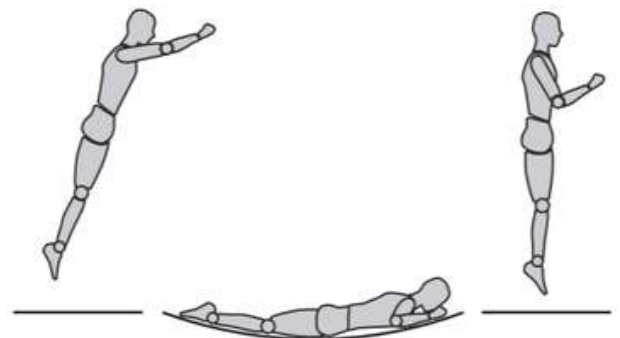
Seat Drop

1. Land in a sitting position with your legs parallel to the bed.
2. Place your hands on the bed beside your hips.
3. Push with your hands to return to an erect position.



Front Drop

1. Start from a low bounce and land on the bed in a prone position.
2. Keep your head up and your arms extended forward on the bed.
3. Push with your arms to return to an erect position.

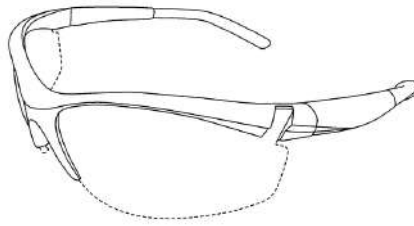


A certified trampoline instructor should be contacted to further develop your trampoline skills.

WHAT YOU WILL NEED FOR BUILDING YOUR TRAMPOLINE



Gloves



Safety glasses



Mallet

To help build your trampoline, you will need gloves, safety glasses and a mallet. Please note that these are not supplied with your trampoline.

ASSEMBLY INSTRUCTIONS

To assemble this trampoline we have provided you with our special spring pulling tool and a cross head screwdriver and spanners (item M). During periods of non-use, this trampoline can be easily disassembled and stored.

Please read the assembly instructions before beginning to assemble the product.












PRIOR TO ASSEMBLING

Please refer to pages 6-9 for part descriptions and numbers. The assembly steps use these descriptions and numbers as reference for your convenience.



Make sure that you have all parts listed. If you are missing any parts, please refer to page 34 for instructions on how to obtain any missing parts.

TRAMPOLINE PARTS LIST

Item	Part	Photo	23FTX10FT
A	Frame Pad		1
B	Jumping Mat		1
C	Corner Tube C		2
D	Corner Tube D		2
E	Top Rail E		2
F1	Top Rail F1		1
F2	Top Rail F2		1
G1	Top Rail G1		1
G2	Top Rail G2		1
H	Spring		142
I	Leg Extension		4

J	Outer Leg Base		2
K	Center Leg Base		3
L	L-shaped Leg		6
M	Tools	 Spanner	2
		 Allen Key	2
		 Screwdriver	2
		 Spring pulling tool	4
N	Supporting Tube		3
O	Silver Flat Screw		8
P	Long Screw Set		28
Q	Safety Net		1

R	Metal Clip		4
S	Bottom Enclosure Pole		14
T	Top Enclosure Pole With G cap		14
U	PVC Sleeve		14
V	Gold Flat Screw		30
W	Fiberglass Rod W		8
X	Fiberglass Rod X		4
Y	Corner connector for fiberglass rods		4
Z	Cord		5
AA	Bungee Cord		18
AB	Fork Screw Set		6
①	Ladder Leg		2
②	Ladder Step		3

3	Bolt & Nut Set		6
4	Lower Ladder Base		1

STEP 1: TRAMPOLINE PARTS

Note: Product images are for illustration purposes only, component part colours may vary dependent on which JumpPRO model you have purchased.



1. Lay out all the trampoline parts in groups, as shown in the picture.



F1



F2



G1



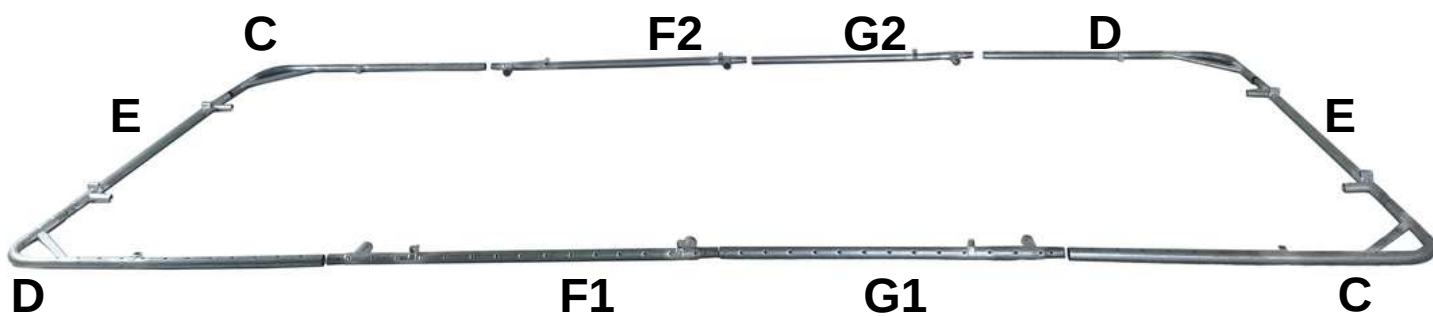
G2

Important:

Before we begin, please ensure that you can clearly distinguish between the four components: F1, F2, G1, and G2.

This is crucial for the installation process ahead.

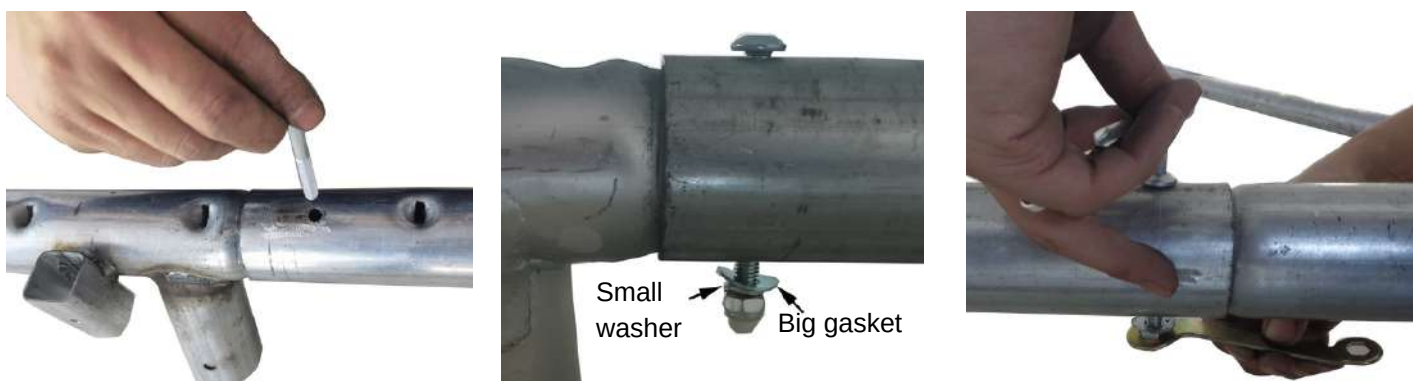
STEP 2: ASSEMBLING THE FRAME



2. Position the frame tubes (C,D,E,F1,F2,G1,G2) as shown in the above image.

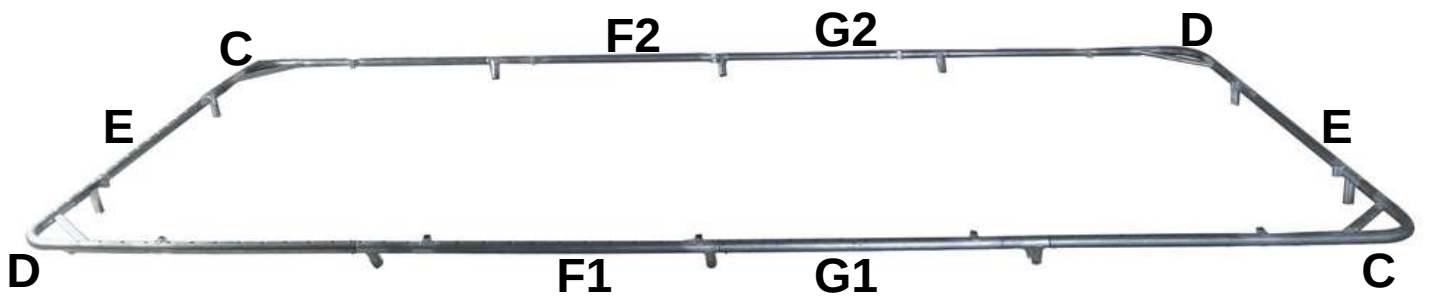


3. Connect all the top rails (C,D,E,F1,F2,G1,G2) together.



4. Use the long screw set (P). Insert the bolt through the holes on the connection positions from top to bottom. Attach the gasket, washer, and nut cap from the bottom, and fasten by the allen key and spanner (M) in the above images.

The big gasket is next to the top rails, small washer is next to the nut cap.

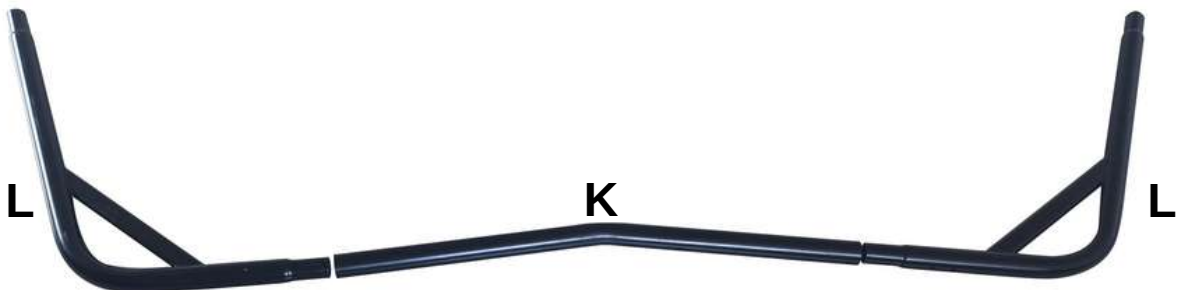


5. Continue until you form a complete rectangle frame. Please ensure the square tube that welded on the frame is positioned inside of the frame.



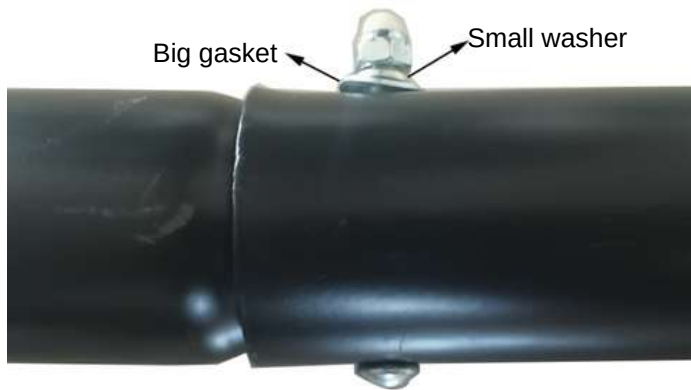
6. Install the outer leg tubes.

Attach the leg extensions (I) to the outer leg bases (J) securely with the silver flat screw (O) using the allen key provided. Ensure the holes on the legs can be seen on the inside of the frame.



7. Install the center tubes - step ①

Attach the L-shaped legs (L) to the center leg base (K) together and align the holes on the leg tubes.



8. Install the center leg tubes - step ②

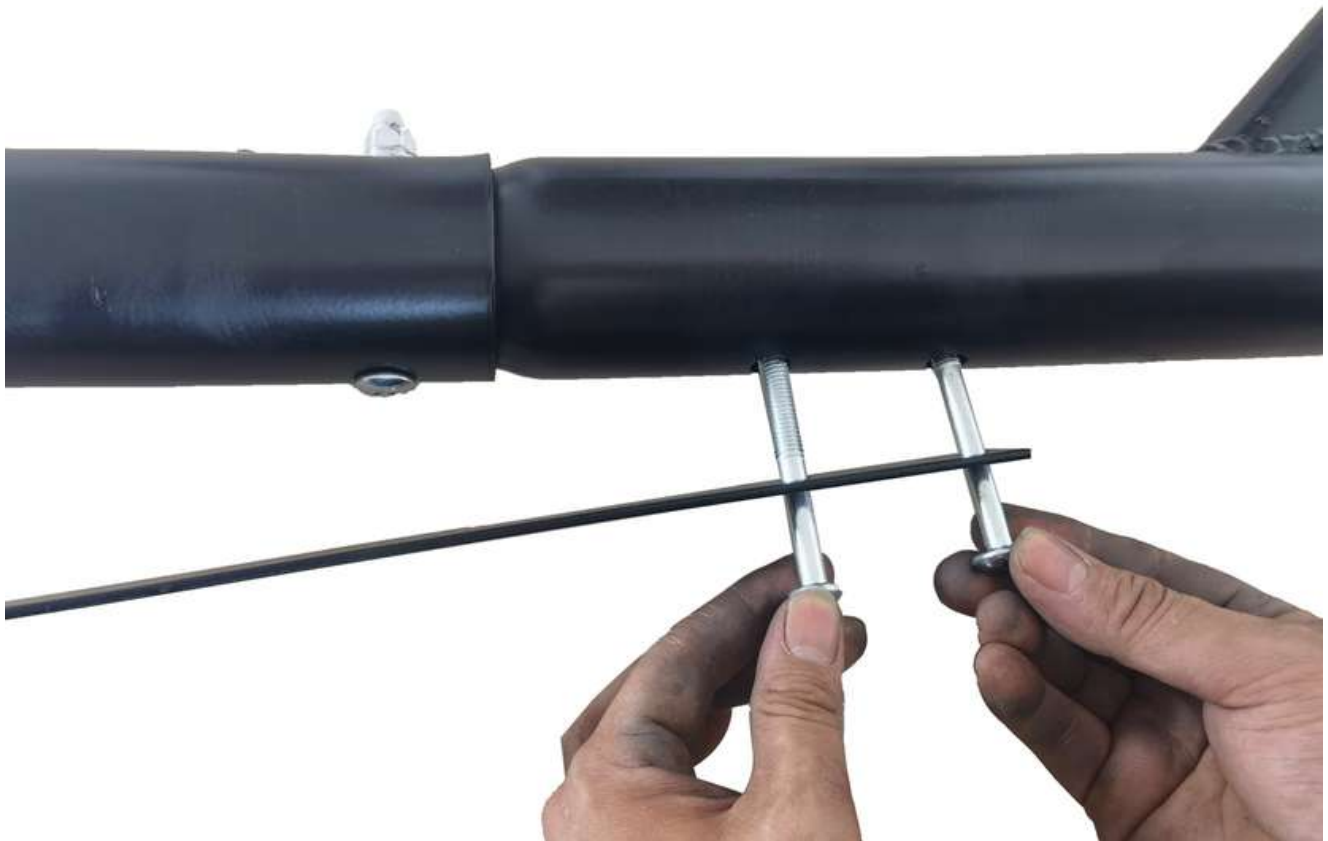
With the help of 2 people, insert the fork screw (AB) through the holes from bottom to top.

Attach the washer and gasket and fasten using the spanner (M). Tighten fully.



9. Install the center leg tubes - step ③

Put the installed center leg tubes flat on the ground. Now you will need 1pc supporting tube (N) for each installed center leg tube as above image shown.



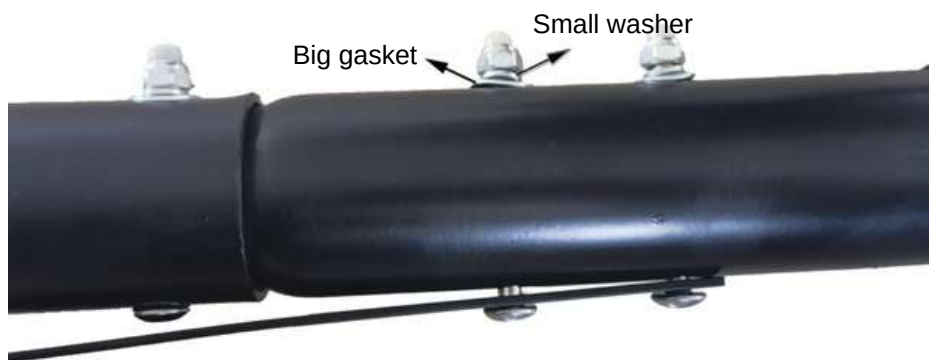
10. Install the center leg tubes - step ④

1) Align the holes on the supporting tube (N) and installed center leg tubes.

2) Use long screw set (P), Insert the bolt from bottom to top through the holes on the supporting tubes and installed center leg tubes.



3) Attach the gasket, washer and nut cap to the back of the bolt like image shown.



4) Use the allen key and spanner (M) to fasten them tightly.



5) Repeat above steps for all installed center leg tubes.





11. With the help of four people at least, attach the outer leg tubes you assembled, to the top rails as the images above show. Repeat this step for all outer leg tubes. Ensure the holes in the top rails are aligned with the holes in the leg extensions.

Please ensure the holes are facing towards the inside of the frame.



12. Insert the silver flat screw (O) into the hole and fasten with the allen key.

1



2



3



13. With the help of three people at least, attach the center leg tubes you assembled, to the top rails as the images above show. Ensure the holes in the top rails are aligned with the holes in the L-shaped legs.

14. Fasten the center leg tubes.

1) Use the long screw set (P). Insert the bolt into the holes from outside towards the inside of the frame tube for all center leg tubes.



2) Attached the gasket, washer and nut cap to the back of the bolt.



3) Fasten with the provided allen key and spanner (M).





15. Repeat the step 13 and step 14 for the remaining center leg tubes until you have the rectangular shape with leg tubes as above.

STEP 3: ATTACHING THE BED



16. Put the metal clip (R) through the elastic bands in the 4 corners of the jumping mat.

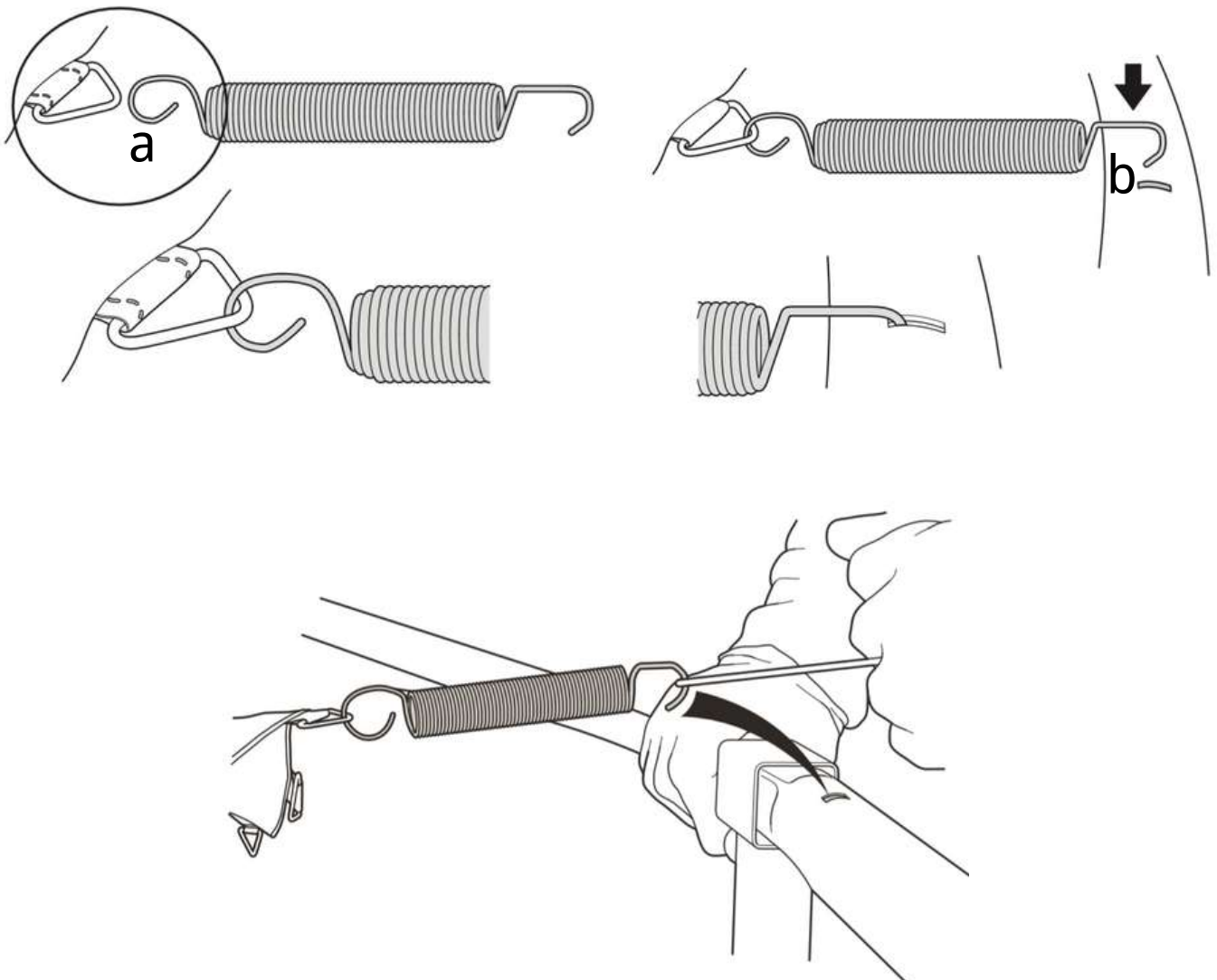




17. Pull the elastic bands towards you by using 2pcs of spring pulling tools, and attach to 4 corners of the top frame tubes.

WARNING:

Be careful where you place your hands during spring assembly as connector points can pinch!



Note: It is easier to place one hand on the frame and pull the spring towards you, as shown above.

Make sure that "a" is attached to the D-rings of the jumping mat and "b" is attached to the trampoline frame.



18. Slot 8pcs of springs (H) to the spring holes in the 4 corners of the top frame tubes. Connect the other end of the springs onto the corresponding D-rings of the jumping mat.

Important: Springs must be attached the right way around and fully inserted into the holes along the top of the frame.

①



②



3



4



19. To even out the tension and avoid over stretching the springs, continue connecting every few springs in the above sequence until all springs are attached by using spring pulling tool. Failure to install the springs in this order may result in damage to the trampoline frame and/or springs.

STEP 4: FITTING THE FRAME PAD



20. Lay the frame pad sections (A) over the edge of the frame with the ties facing downwards. Align the holes in the frame pad with the square welded tube on the frame.



21. Connect the sections together with the attached hook and loop sections.



22. Tie all the black straps onto the top rails. Do not tie them to the springs. The trampoline pad is now fitted and you have completed step 4.

WARNING: The trampoline **MUST NOT** be used during construction.

STEP 5: ASSEMBLING THE ENCLOSURE POLES



23. Insert the bottom enclosure poles (S) into the square welded tubes through the slots in the frame pad, then fasten with the gold flat screw (V) using the allen key or screwdriver.

STEP 5: ASSEMBLING THE ENCLOSURE POLES

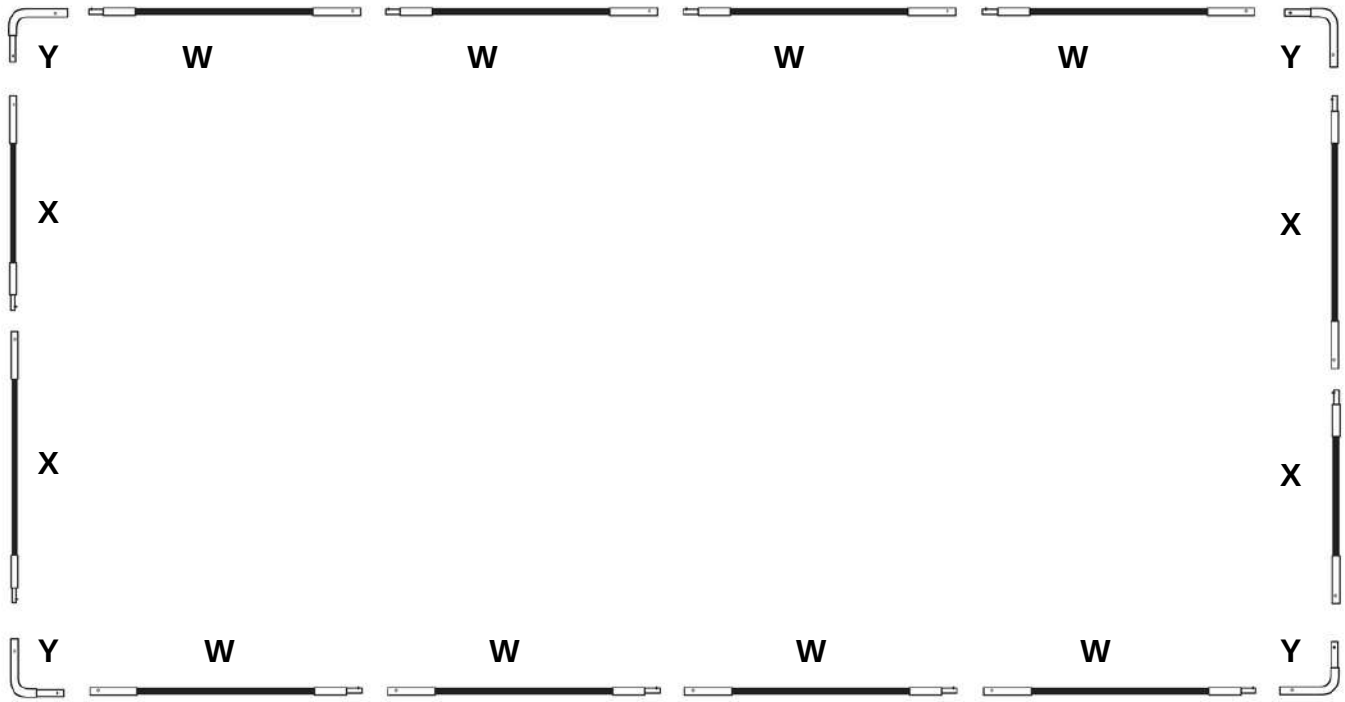


24. Connect the bottom enclosure poles (S) to the upper enclosure poles (T). Align the holes in the bottom enclosure poles with the holes in the top enclosure poles, and fasten with the **gold** flat screws (V) using the allen key or screwdriver provided.

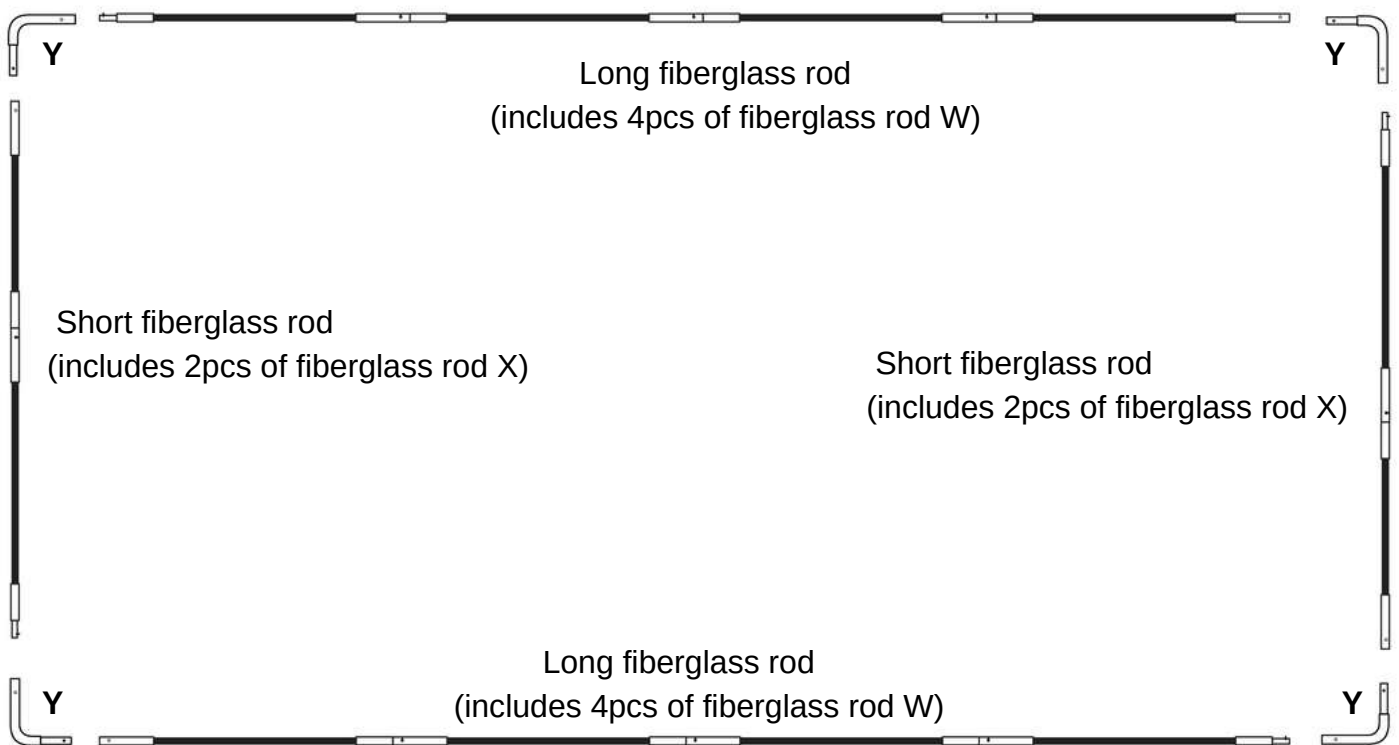


25. Slide the PVC sleeve (U) onto the assembled enclosure poles.

STEP 6: ATTACHING THE FIBERGLASS RODS TO THE NET



26. Lay out and position the fiberglass rods (W,X) and fiberglass corner connectors (Y) as above.

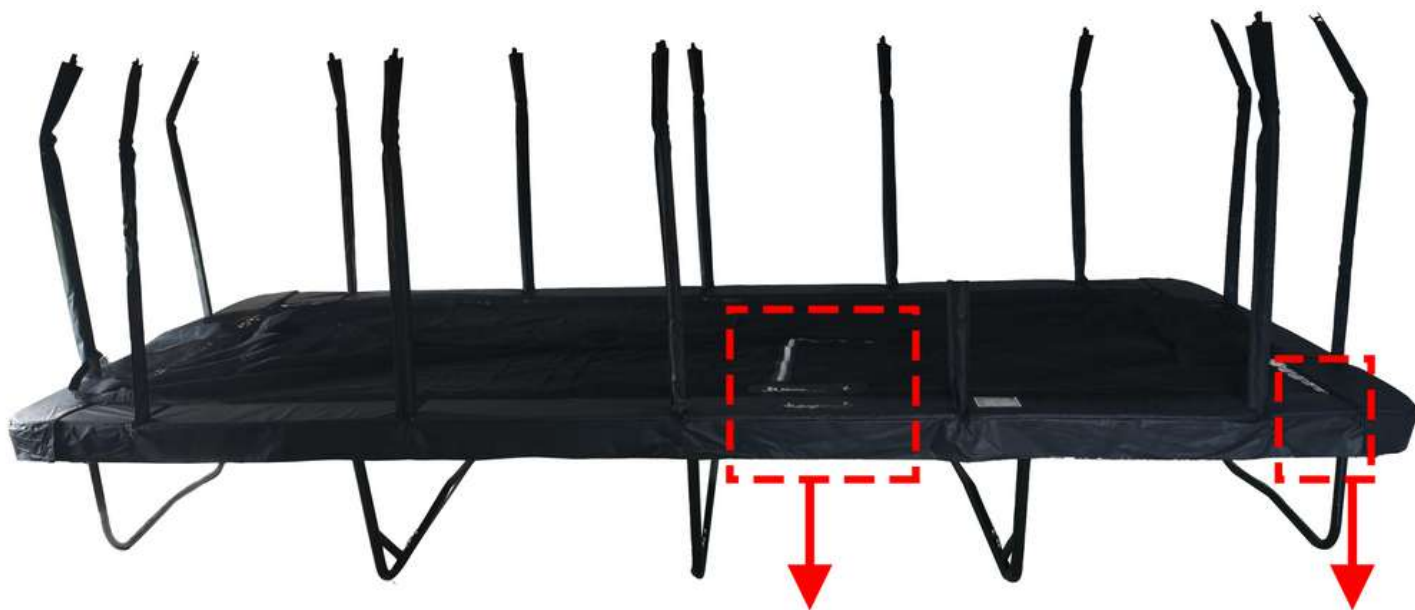


27. Use 4 pcs of fiberglass rods W to make the long fiberglass rods. Also use 2pcs of fiberglass rod X to make a short fiberglass rod.

When assembled, there should be 2 long fiberglass rods for the long sides and 2 short fiberglass rods for short sides.

IMPORTANT - INSTALLING THE SAFETY NET

Lay the safety net on the trampoline bed as per the following tips!



① The zip and logo on the net should align with the logo on the pad



② The product label should be on the front right hand corner

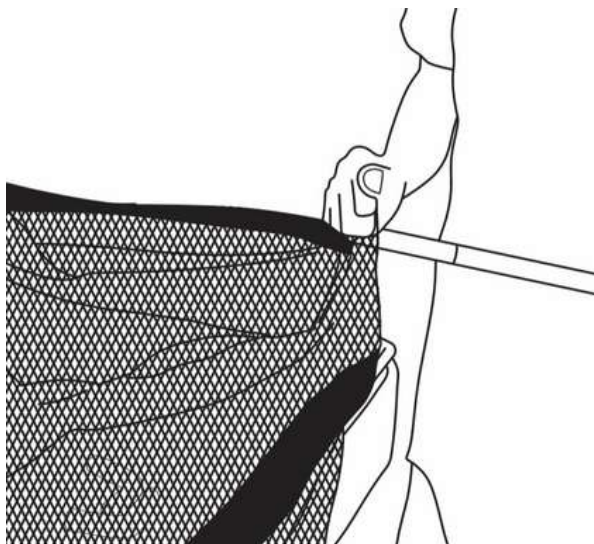
Start the following steps (28 and 29) from the front right hand corner, where the product label is.



Note: The following steps (28-29) should be completed whilst the net is laid out on the trampoline bed.

28. Insert the fiberglass rods into the sewn sleeves on the top of the safety net (Q). Long fiberglass rods for long sides and short fiberglass rods for short sides.

Note: Make sure that the opening of the net (the zip) is placed in the middle of the long side of the trampoline. Align the logo at the top of the net with the logo on the pad.

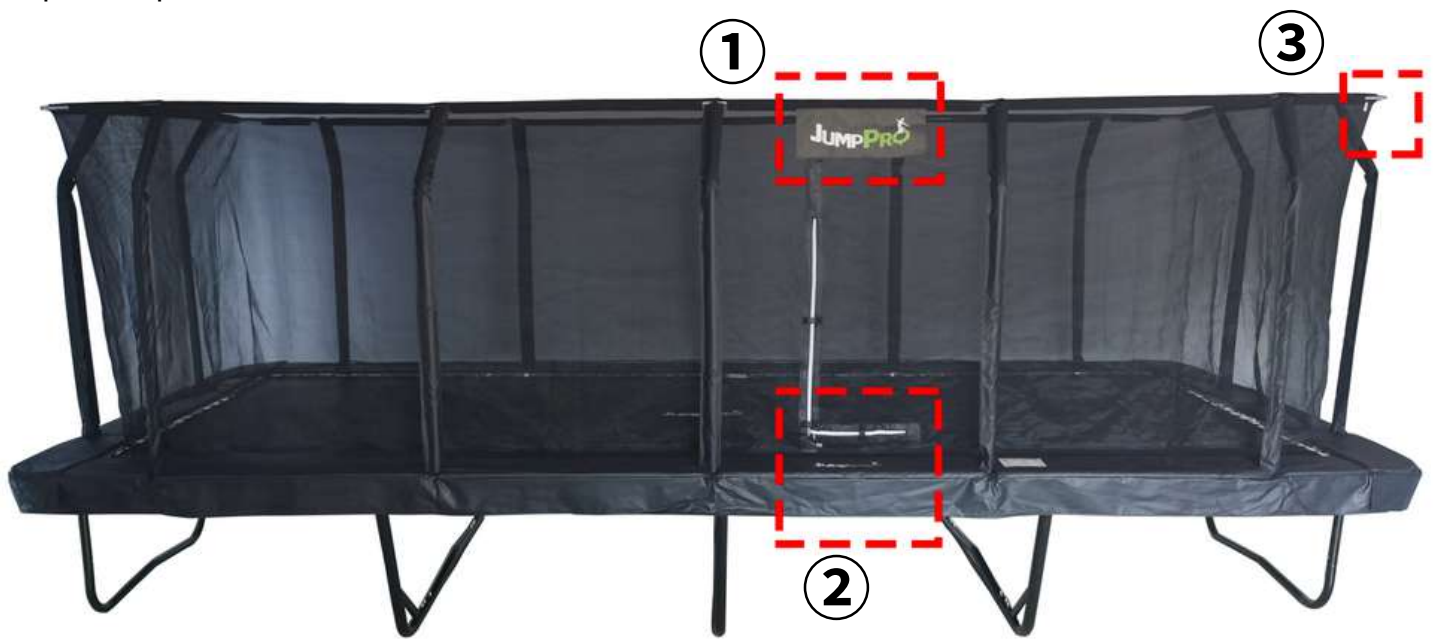


29. After inserting the fiberglass rods into the safety net both the long sides and short sides, connect the short side to the long side with the fiberglass corner connectors (Y).

Push buttons need to be inserted into the corner pieces. Press the top of the push buttons together and push in all the way to the end of the corner piece, making sure that the buttons pop out through the holes.



30. Connect the fiberglass rod to the top of the poles by clicking it into the pole caps. Repeat this step for all poles.



Tip: The logo on the net, logo on the pad and zip will be positioned like the above image ① & ②. The product label is positioned on the front right hand corner ③.

**There are 2 ways to fix your net. Either with Bungee cords OR by sewing cords through the D Rings.
PLEASE DO NOT USE BOTH TOGETHER**

To attach the net using the Bungee Cords (AA):



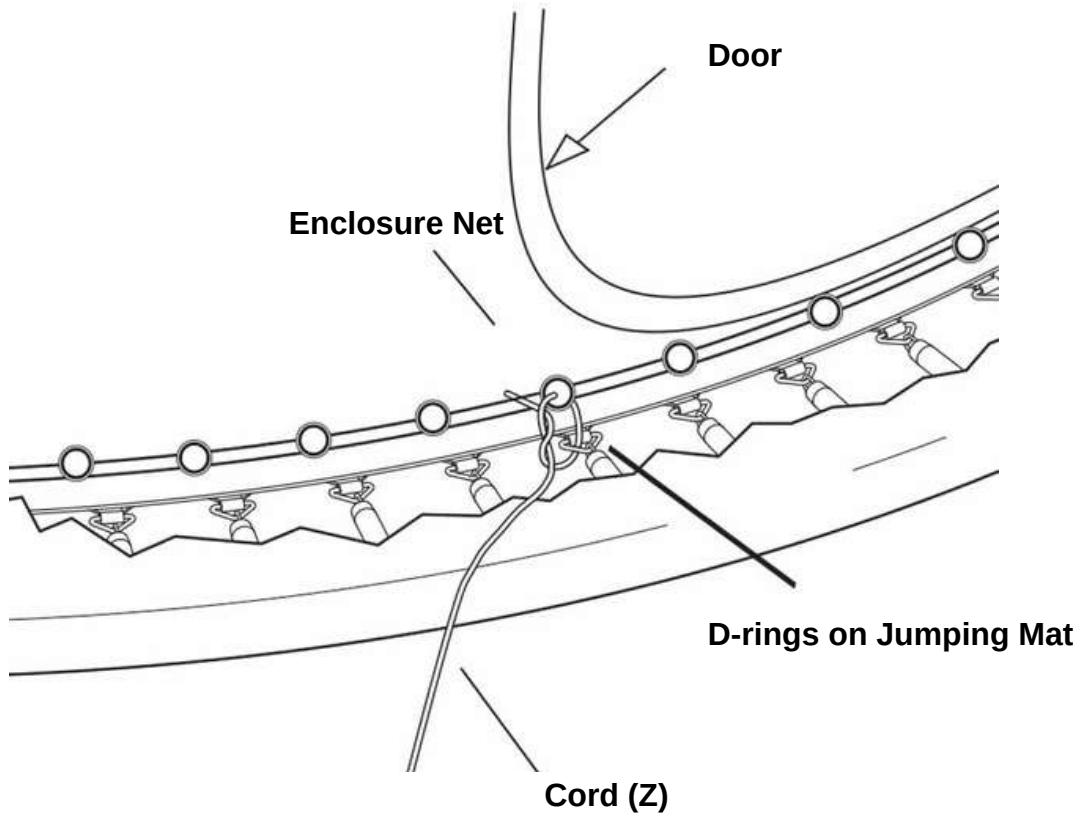
31. Thread the bungee cord through the loop sewn onto the bottom of the enclosure net. Then attach it to the top rail through the opening on the pad for each pole tube. Repeat it for the remaining pole tubes.



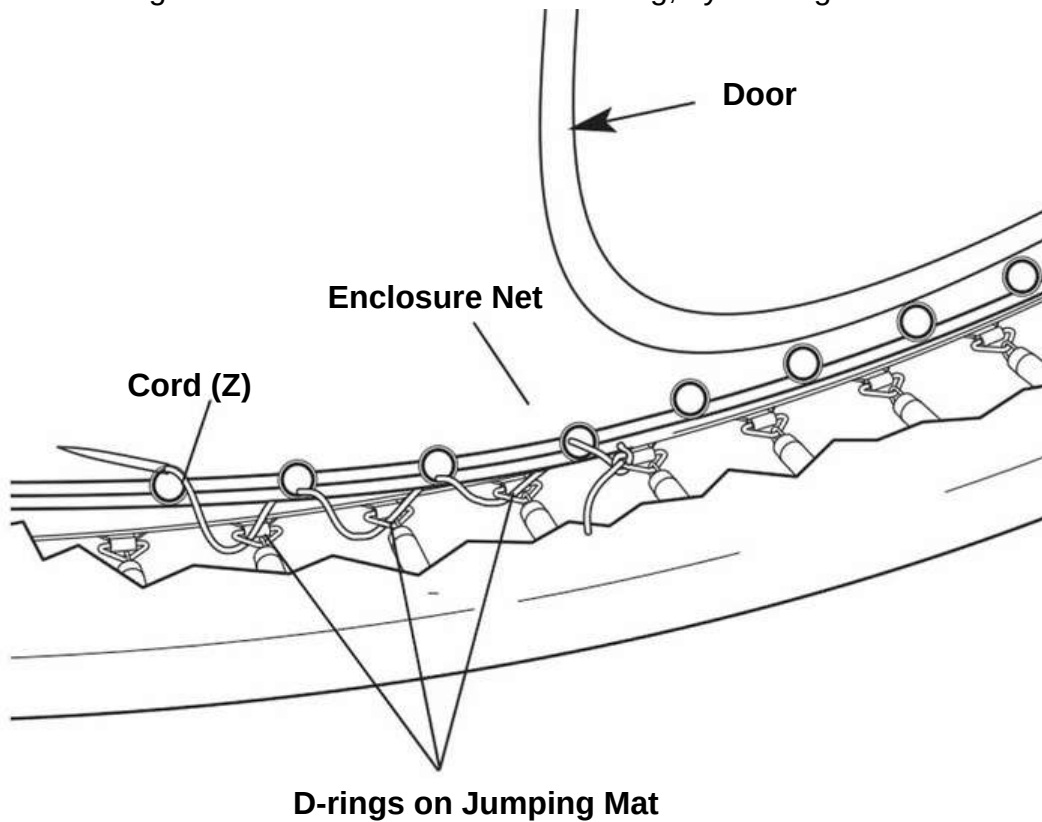
32. Thread the bungee cord through the loop sewn onto the bottom of the enclosure net near the corners. Then insert it into the hole located at the corner of the pad and attach it to the crossbar on the top rail corners. Repeat it for the remaining corners.

**You also can fix the enclosure net by using the provided cords (Z).
See details on the next page.**

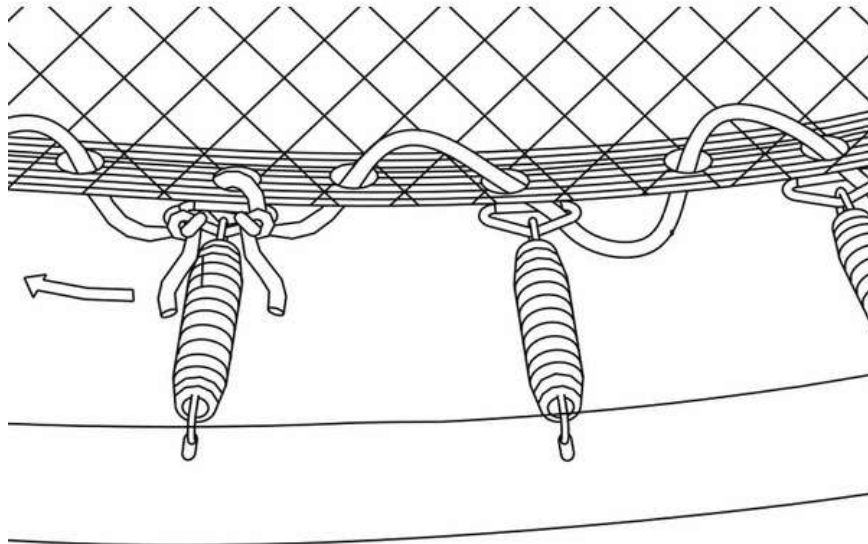
To attach the net by sewing with cords (Z):



33. **Start from STEP 30.** Locate the D-ring closest to the door of the net. Thread one end of one of the cords (Z) through the lower eyelet of the enclosure net (Q) above the D-ring and then thread the cord through the D-ring. Tie the enclosure net to the D-ring, by making a double knot in the cord.

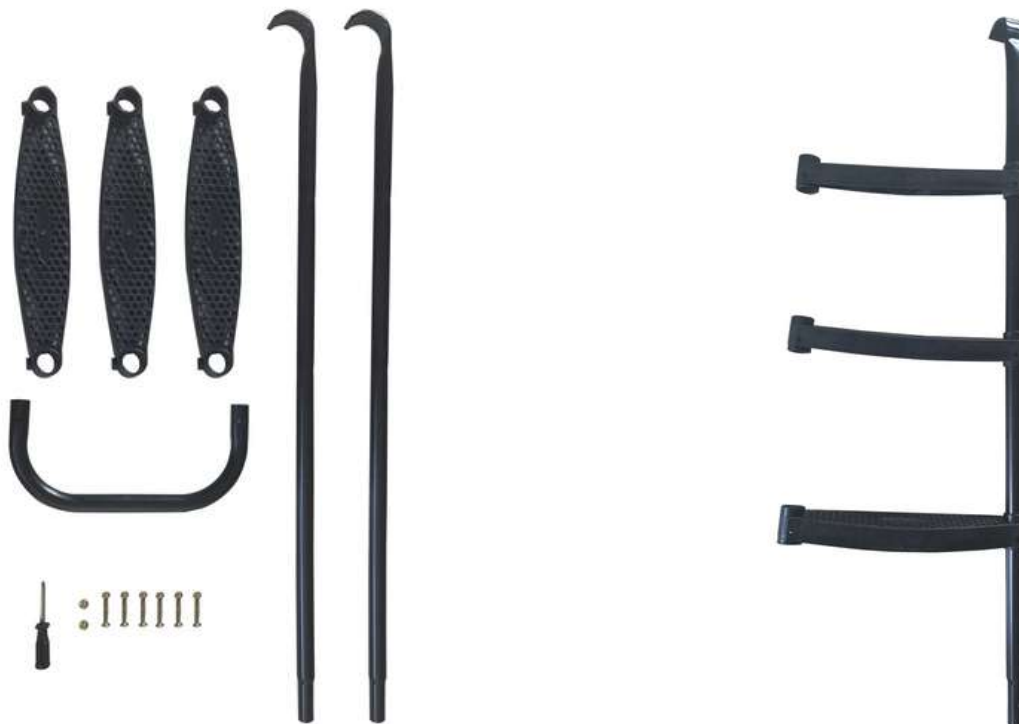


34. Thread the cord (Z) through the lower eyelet of the enclosure net (Q) halfway between the first D-ring and the D-ring to the left, and then thread the cord through to the left. Repeat this procedure until all the cords are threaded through the enclosure net and the D-rings as shown. Keep the cords taut. Note: the cord does not need to be passed through every eyelet in the net but must pass through every D-ring



35. Tie each end of the cord sections to the last D-ring that it reaches. Make sure that the enclosure net is attached to every D-ring on the trampoline bed.

STEP 7: ASSEMBLE THE LADDER

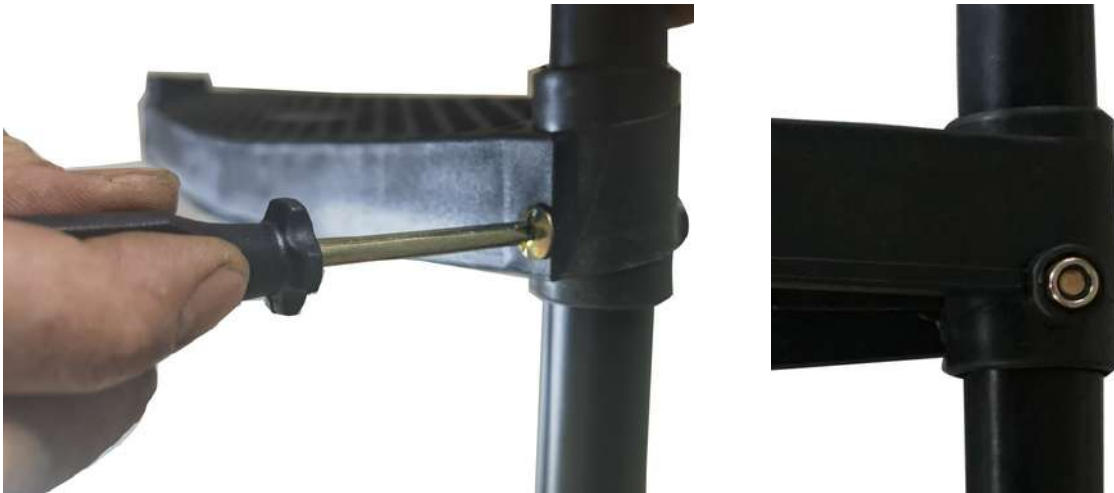


36. Place all the parts for the ladder as the above image shows.

Ladder legs: 2 pcs
 Ladder steps: 3 pcs
 Bolts: 6 pcs
 Screws: 2 pcs
 Screwdriver: 1 pc
 Lower Ladder Base: 1 pc

37. Slide the ladder steps up until the bolt holes of the legs and step lineup.

Note: Make sure the checkered pattern on the step is facing upwards.



38. Insert three bolts (③) through the ladder steps (②) and ladder legs (①). Tighten one nut (③) on the back of each bolt.



39. Repeat steps 35 and 36 to assemble the second ladder leg.



40. Place the lower ladder base (4) onto the ladder frame legs, make sure to align the screw holes. Secure using golden flat screws (V) on each side of the frame by screwdriver.

41. Test the steps to make sure they are secured properly. Find the doorway on your safety net. Lift up your safety pad and place the hooks of the ladder over your trampoline top rail. Pull the ladder out from the trampoline by its base to make sure it touches the ground, angled for the user to be able to access the trampoline safely.

IMPORTANT: Remove the ladder when the trampoline is not in use.



42. The trampoline and enclosure are now fully assembled. Make sure that all parts are securely attached. Familiarise yourself and all users of the trampoline and enclosure with the safety precautions, use and instructional materials, and care and maintenance instructions in this manual before using.

SPARE PARTS

To order replacement parts, please contact our Customer Service team:

In order to help assist you, please have the following information to hand:

Product description, item ID and item description (refer to pages 6-8 to obtain this information)

 **Phone:**
01342 837527

 **Email:**
sales@jumpprotrampolines.co.uk

 **Working Days/Hours:**
Monday - Friday: 9am - 5pm